


The faculties of RK University had the privilege to attend Yujon Dream Sleep (*DreamSleep Yognidrasana*) session of Kalpdroom Scientist Lalit Kachhadiya (founder the Yujon, Kalpdroom Science Research Center, Surat, Gujarat, India). All the faculties found it very interesting and relaxing session. The discussion after the DreamSleep where Sc. Lalit Kachhadiya shared his scientific views on living life happily was also very helpful to all. Sc. Lalit has deep knowledge about *Yoganidra*. The Yujon Kalpdroom Science has a scientific approach to all their programs. I personally recommended these programs for faculties and students. In our hectic and stressful schedules and life styles these types of programs have become the need of the hour. Best wishes to Sc. Lalit for grand success of all his future programs.

Warms Regards,



Denish Patel  
Executive Vice President  
RK University

EXECUTIVE VICE PRESIDENT  
RK UNIVERSITY  
RAJKOT

